

Doors Open at WINGS Once Again!

The closure of Wings during the recent COVID 19 outbreak probably felt like an eternity for the children but it's back to doors open again and the kids are once more enjoying the after school program.



Wings started taking in children again recently and is initially going to be open for three days a week. Coordinator, **Tania Lawson**, who was busy ordering in resources for the re-opening, has started putting together the school holiday program which will include a movie night in conjunction with the local police. REDI.E has come on board to provide activities at the pool over the holidays so Tania will be working around that providing a mix of activities back at Wings for some of the children while others are at the pool.

The Christmas party for Wings, Playgroup and Strong Young Families will be held on 15th December which will also be the last day for the kids to attend Wings for the year. It will re-open on January 4th ready for the school holiday program. We have a number of positions to be filled for Wings, Strong Young Families and HIPPY, and Tania together with Executive Manager Aboriginal Health and Community Wellbeing, **Tegan Hinchey-Gerard**, have been talking to the community seeking expressions of interest for those positions. Youth Worker, **Casey Harris**, looks like she knows how to work a hula hoop.



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Maari Ma Primary Health Care Service

"Improving Aboriginal health and closing the gap"
Broken Hill, NSW



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SEWB SERVICES RETURN TO WILCANNIA

Social and Emotional Wellbeing services have resumed in Wilcannia from the beginning of November. **Juls Hall** will be available on Thursdays. SEWB Manager **Helene Fox** said Juls was very excited to be returning to Wilcannia to support the community. Adult Psychiatrist, **Dr Jonathon Carne**, who has resumed services to Broken Hill will also pick up where he left off just prior to the COVID outbreak. Dr Carne plans to be in Wilcannia bi-monthly for a day and is looking forward to building his connections with the community as he has done in Broken Hill for the past six years.

Wilcannia Weir Replacement Project Local Business Register

Water Infrastructure NSW is committed to creating sustainable employment opportunities and outcomes for local and Aboriginal communities while we plan and deliver infrastructure projects.

If you own or operate a local business in-and-around Wilcannia we encourage you to submit your interest and contact details to our **Wilcannia Weir Local Business Register** which we will use to update you on details of project tenders and expressions of interest.



Register your business online from 8 November 2021 to 17 December 2021 by visiting our project webpage at dpie.nsw.gov.au/wilcannia-weir



We will also be running a number of drop-in sessions in the area, if you want to visit us to register your business in person:

Tuesday 16 November 2021
(from 12pm-2pm)

Murdi Paaki Services LTD Office
96 Marshall Street, Cobar, opposite
the caravan park.

Wednesday 17 November 2021
(from 12pm-2pm)

REDI.E training room
35 Reid Street, Wilcannia.

You can find more information on the Wilcannia Weir project at dpie.nsw.gov.au/wilcannia-weir



Australian Government
Department of Agriculture,
Water and the Environment

The #PinkBox Dignity Vending Machine dispenses

FREE PERIOD PRODUCTS

to women and girls in need.



Each *PeriodPACK* contains
6 regular tampons & 2 ultra-thin pads (reg)



IF YOU NEED HELP, REACH OUT,
SPEAK OUT, ASK FOR HELP.

LIFELINE AUSTRALIA 13 11 14

1800RESPECT 1800 737 732

BEYOND BLUE 1300 224 636

KIDS HELPLINE 1800 551 800

ASK IZZY askizzy.org.au



YOUR NEAREST PINKBOX IS LOCATED

headspace Broken Hill 231 Blende street

Find more information and follow the **movement** at sharethedignity.org.au





Don't be fooled by today's advertising tactics.

In the past, in the 1930's and 40's, smoking ads portrayed strong healthy figures who smoke a particular brand. 1950's, 60's and 70's saw an increase in advertisements in places such as cinemas, magazines and billboards. The images encourage people to be like those in the ads who were young, fun, good-looking and healthy.

During the late 1970's, 80's and 90's the negative effects of smoking were more apparent and more widely known. Resulting law suits between consumers and the big tobacco companies that neglected to warn consumers of the health risks changed the way tobacco companies could legally promote their product. It became illegal to place public images encouraging consumers to smoke and negative labelling on packages began and awareness commercials around the dangers of smoking became common.

Up until recently, the tobacco industry has seen dramatic loss in profit as consumers avoid taking up smoking leaving tobacco companies facing financial ruin.

That was until vaping started becoming a trend through the help of paid or unpaid influencers and specialised targeting tactics to appeal to a new young generation eager to look as young, fun, good-looking and healthy as those promoting vaping bringing the large tobacco companies into a new era of profit.

Don't be fooled, Vaping is not healthy.



Wilcannia Weir Replacement Project

Project Update - November 2021



Final design contract award

The successful tenderer for the detailed design of the new weir has been awarded to GHD in September 2021. We look forward to advancing the project to the construction phase, once we get the environmental approvals in 2022.

Covid-19 impacts

Our hearts and minds have been with Wilcannia community since the outbreak of COVID-19 cases and restrictions. We know this has been really difficult time for the community and are now looking forward to being able to travel to Wilcannia.

The project team has also spent time in lockdown in their hometowns in NSW and Victoria. To keep key stakeholders and community representatives informed on the progress of the weir project, during this time we have been meeting over the phone and online where possible. We are now planning to run sessions in Wilcannia in November and December 2021.

Local business registration

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You can register your business online from **8 November 2021** to **17 December 2021** by visiting our project webpage at dpie.nsw.gov.au/wilcannia-weir. We will also be running a number of drop-in sessions in the area, if you want to visit us to register your business in person:

- **Tuesday 16 November 2021 (from 12pm-2pm)**
at the Cobar Golf and Bowling Club, Bloxham Street, Cobar
- **Wednesday 17 November 2021 (from 12pm-2pm)**
at the REDI.E training room, 35 Reid Street, Wilcannia.

While registering your interest doesn't guarantee your business work or a contract, it does mean you will be placed on the project mailing list and details of project tenders and expressions of interest will be sent once they are prepared. Your contact details will also be shared with the principal contractors who tender for the construction of the new weir.

Animation to help explain the environmental approval process

Two short animations on our project website show why Wilcannia is getting a new weir and the important environmental approval process that has to occur before construction is legally able to begin.

Line drawings of local river life, that were made during the School and Community Art Workshops held in schools and at the Courthouse Cafe in

2020 feature in these animations, including an emu, turtle, fish and lizards. Another animation is coming soon to show how the new weir will work during times of anormal river flowes and during times of drought.

You can view the animations here at:
www.dpie.nsw.gov.au/wilcannia-weir



Certificate 2 in Tourism course completion

The Certificate 2 in Tourism course finished in August 2021 at Wilcannia campus. It was the final course of the training program partnership between TAFE NSW, RED I.E, Murdi Paaki Regional Seemby and the Department of Planning, Industry and Environment.

A total of 20 students overall graduated from the four courses that were run in Fit for Work, Construction, Hospitality and Tourism. Everyone is so proud of the participants, with many of them completing all of the courses. A graduation ceremony will be planned to celebrate the student's achievements.



Wilcannia participants of the Certificate 2 in Tourism course on field visits.



www.dpie.nsw.gov.au/wilcannia-weir



wilcanniaweir@dpie.nsw.gov.au



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© State of New South Wales through Department of Planning, Industry and Environment 2021. The information contained in this publication is based on knowledge and understanding at the time of writing (October 2020). However, because of advances in knowledge, users are reminded of the need to ensure that the information upon which they rely is up to date and to check the currency of the information with the appropriate officer of the Department of Planning, Industry and Environment or the user's independent adviser.



Australian Government
Department of Agriculture,
Water and the Environment

MAARI MA Cycle of Care

START:

Your cycle of care starts with a twelve monthly CTG/IPIP sign up. This includes an ATSI Health Check and a follow-up by a health worker.

GP Review

During the year you should see your doctor to see if your GPMP or medication needs to be changed. You may also need some tests.

Follow-up care

Our health workers will visit you to talk about your health and see how you are going with your medications.

GPMP & Medication

You will be looked after by our Keeping Well team and other specialists like our dieticians, podiatrists and eye specialists. The Keeping Well team and pharmacist will help you with your medications which could include a Home Medication Review and a Webster Pack.

You should see your doctor regularly and develop a care plan to manage your health. This plan is called a GPMP.

Maari Ma Primary Health Care Service

Improving Aboriginal Health & Closing the Gap...

About MMPHCS

Maari Ma Primary Health Care Service aims to provide culturally appropriate health services to Aboriginal people living in Broken Hill and surrounding communities.

We are governed by an all Aboriginal Board of Directors, who are deeply committed to providing an holistic approach to Aboriginal health that includes physical, emotional, spiritual, cultural and environmental dimensions.

Our health workers, doctors and nurses are committed to providing you with the highest quality care. If you ever feel that this has not been achieved, please contact the manager, Kendy Rogers, on 08 8082 9777 to discuss the matter.

Maari Ma : Winner of 2017 Far West Business Excellence Awards for our successful service to the Aboriginal communities of the Far West.

Regular services

Doctors
Nurses
Health workers
Child health nurses
Midwives
Dietician
Primary mental health workers
Alcohol and other drug staff
Psychologist
Kids dentist
Adult dentist
Women's health
Pharmacist
Social Worker

Occasional services

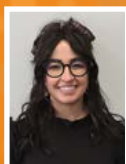
Heart specialist
Kidney specialist
Diabetes specialist
Child health specialist
Eye specialist
Alcohol specialist
Smoking specialist
Podiatry
Optometrist
Psychiatrist
Child and Adolescent Psychiatrist
Pain Specialist

Wilcannia Health Service

14 Ross St,
Wilcannia, NSW 2836
Phone: 08 8091 5122
Fax: 08 8091 5911

Web: www.maarima.com.au

PHCS Broken Hill
439-443 Argent Street,
Broken Hill, NSW 2880
Phone: 08 8082 9777
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Tegan Hinchey-Gerard
Executive Manager
Aboriginal Health and Community Wellbeing



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Executive Manager
Operations



Kendy Rogers
Service Manager:
PHCS