

Meet the team...



Emma Moore

Nurse
Manager



Paige Winch

Centrelink
Customer
Service
Advisor



Danielle Irving

Social &
Emotional
Wellbeing
Worker



**Maari Ma
Health Balranald**

Maari Ma Health Balranald

95 Court Street
Balranald NSW 2715

Ph: (03) 5020 0009
www.maarima.com.au



Maari Ma Health Balranald

Opening Hours:
Monday – Friday
9am – 5pm



**Maari Ma
Health Balranald**



PRACTICE INFORMATION

*'Working towards better health
for Aboriginal People'*

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SERVICES

Maari Ma Health Balranald aims to provide services to assist Aboriginal people and their families to achieve improved health outcomes within the community. Our team consists of Registered Nurses, Social and Emotional Wellbeing worker, Administration staff and outreach services from varying health professionals. We are available to all requiring access to the service. Call in to see how we can assist you.

Maari Ma means “coming together, working together” in the language of the Baarkintji people, traditional owners of the land in Far West NSW.

Vision: for Aboriginal people to live longer and close the gap; for families, individuals and communities to achieve good health, wellbeing and self-determination, supported by Maari Ma Health Balranald.

Come and see us – It's free!
Services currently available:

- General Health Checks
- Wound Clinic
- Diabetes Clinic
- Health education
- Care Coordination
- Spirometry
- Pathology (bring your pathology slip)
- Child and Family Health Clinic
- Muuku Program (Smoker's program)
- Yapara Project (SmokeFree Homes Project)
- Counselling services
- Transport is available to and from the clinic on booking

Drop in or call us to make an appointment.
Can't come to the Centre?
Call us and we can make a home visit!



CENTRELINK SERVICES

Government services—closer than you think
A local service can help you with Centrelink, Medicare and other government programs and services. Maari Ma Health Balranald is an Australian Government Department of Human Services Agent. Using their computers, you can log in to your myGov account and do your business on the spot. If you don't have a myGov account, the Agent staff will help you to set one up. There are phones for you to access phone self service or speak to a department service officer. If you'd rather use your mobile phone or tablet, they've got free Wi-Fi available 24/7. You don't need a password so you can get online straight away. You can also use the Wi-Fi to download and install the Express Plus mobile apps. The Agent staff can help you set up your digital services if you're not sure what to do. You can also lodge forms, get your identity documents certified and pick up brochures. So next time you need to do some government business, drop in to Maari Ma Health Balranald.

CENTRELINK HOURS:

Tuesday 9am-12pm
Wednesday 9am-12pm
Thursday 9am-1pm



Marrabinya

Aboriginal people with a diagnosed chronic disease can be referred to Marrabinya by their GP for assistance with specialist appointments, transport, accommodation, and medical aids.

You might be eligible if:

- You are an Aboriginal or Torres Strait Islander person living in the region
- You have one of the following:

- Cardiovascular disease
- Diabetes
- Chronic respiratory disease
- Chronic kidney disease
- Cancer
- Liver disease

Call in for more information.